

# GSLSC 2020 Education Calendar



## **Advanced Resus**

### Requal

17<sup>th</sup> of November 6pm to 9pm

Russell, Denver and Kathy to run/coordinate. Blair and Pete S to supervise and sign off.

### Full Course

10<sup>th</sup> and 17<sup>th</sup> of November 6pm to 9pm

Russell, Denver and Kathy to run/coordinate. Blair and Pete S to supervise and sign off.

Candidates need to do online learning prior via SLSA members portal.

## **IRB Crew and Drivers**

### Full Course

Commences 19<sup>th</sup> of November 6.30 to 9.30pm - There will be other practical dates.

Russell and Denver to run, Pete to supervise. Blair (probationary) and potentially Mike to assess. Date for assessment TBC

## **Silver Medallion Beach Management**

### Full Course

TBC

Numbers needed. Blair to coordinate. Potentially Russ/Kathy to deliver.

## **Nipper Rescue Certificate.**

### Full Course

7<sup>th</sup> of November 8am to 11am.

Evan to run.



# GSLSC 2020 Bronze Medallion/SRC Training Plan

**1<sup>st</sup> Dry** - 4<sup>th</sup> of November 6.30pm to 8.30pm - Pete to supervise

Content	Duration	Deliverer
Assign and begin to fill in workbooks Get all candidates registered for online learning	30 mins	Talia/Blair
Start of Powerpoint	10 mins	Dave
Signals	20 mins	Dave
Break	10 mins	
Radios (slsa and slswa powerpoint and practical- radio check and incident comms)	60 mins	Denver

**1<sup>st</sup> Wet** - 7<sup>th</sup> of November 8am to 11am – Champion Bay – Blair to supervise

Content	Duration	Deliverer
Radios	15 mins	Talia
Carries	15 mins	Dave
Swim – 200/400m	20 mins	Denver
Signals	10 mins	Talia
Approach and Evade Escapes No equipment rescues	20 mins	Dave
Tube Rescue- Conc and Unconc	30 mins	Denver
Board Rescue- Conc and Unconc	30 mins	Talia



**2<sup>nd</sup> Dry - 11<sup>th</sup> of November 6.30pm to 8.30pm**

<b>Content</b>	<b>Duration</b>	<b>Deliverer</b>
Signals and Radios	20 mins	Callum
Live patient assessment	20 mins	Talia
One person CPR	30 mins	Denver
Team CPR and Secondary Assessment	20 mins	Talia
Defib	20 mins	Denver

**3<sup>rd</sup> Dry - 18<sup>th</sup> of November 6.30pm to 8.30pm**

<b>Content</b>	<b>Duration</b>	<b>Deliverer</b>
First Aid as per powerpoint + practical elements <ul style="list-style-type: none"> <li>- Medical shock</li> <li>- Cardiovascular conditions</li> <li>- Stroke</li> <li>- Head injury</li> <li>- Choking</li> </ul>	20 mins	Talia
Signals	5 mins	Dave
First Aid as per powerpoint + practical elements <ul style="list-style-type: none"> <li>- Asthma</li> <li>- Anaphylaxis</li> <li>- Bleeding- minor, major, tourniquet, needle stick</li> <li>- Marine Envenomation and PIT bandaging</li> </ul>	30 mins	Dave
Radios	10 mins	Talia
First Aid as per powerpoint + practical elements <ul style="list-style-type: none"> <li>- Hard tissue and slings</li> <li>- Soft tissue</li> <li>- Spinal sections of power point</li> </ul>	30 mins	Denver
Resuscitation	30 mins	Dave



**2<sup>nd</sup> Wet** - 21<sup>st</sup> of November 8am to 11am – Back Beach – Blair to supervise

<b>Content</b>	<b>Duration</b>	<b>Deliverer</b>
Run Swim Run	20 mins	Dave
Signals	5 mins	Talia
Radios	15 mins	Talia
Tube Rescue- Conc and Unconc	30 mins	Dave
Board Rescue- Conc and Unconc	30 mins	Denver
Spinal- sit down, vice grip roll, extended arm roll and onto board	40 mins	Talia
Spinal rescue into resus	20 mins	Denver

**4<sup>th</sup> Dry** - 25<sup>th</sup> of November 6.30pm to 8.30pm - Pete to supervise

<b>Content</b>	<b>Duration</b>	<b>Deliverer</b>
Quick rehash of entire First Aid PowerPoint	20 mins	Denver
Signals	5 mins	Dave
First Aid and resus scenarios	30 mins	Dave/All
Radios	20 mins	Denver
Resus following shallow water spinal recovery	30 mins	Talia

**5<sup>th</sup> Dry** – 2<sup>nd</sup> of December 6.30pm to 8.30pm

<b>Content</b>	<b>Duration</b>	<b>Deliverer</b>
IRB awareness and Patrol section of powerpoint	20 mins	Denver
Complete Workbook other than patrol checklist and captain sign off	30 mins	Dave
Spare time for making up missed content if required	25 mins	All
Signals	5 mins	Dave
Radios	10 mins	Talia
Scenarios including radio comms	30 mins	Denver



**3rd Wet** - 5<sup>th</sup> of November 8am to 11am – Back Beach – Pete to supervise and do Prelim assess

<b>Content</b>	<b>Duration</b>	<b>Deliverer</b>
Signals	5 mins	Dave
Radios	15 mins	Dave
Patrol Related tasks – assist with patrol set up, complete relevant section of workbook	50 mins	Denver
Run Swim Run	20 mins	Talia
Prelim Assessment- Wet		Pete

**6<sup>th</sup> Dry** – 7<sup>th</sup> of December 6.30pm to 8.30pm

<b>Content</b>	<b>Duration</b>	<b>Deliverer</b>
Preliminary Assessment – Dry Content	20 mins	Pete/Blair
Complete Workbook	30 mins	Dave

**4th Wet** - 12<sup>th</sup> of November 8am to 12am – Back Beach –

Kathy, Russ and Jeremy to probationary assess. Blair and potentially Sue Britt to supervise assessment. Depending on numbers will be split into 2 groups for assessment.